



# St. John Catholic School

*Educational Ministry of St. John The Baptist Parish*

June 6, 2018

270 E. Lewelling Boulevard | San Lorenzo, California 94580  
(510) 276-6632 | Fax: (510) 276-5645 | [www.StJohnCatholicSchool.org](http://www.StJohnCatholicSchool.org)

## From the Principal's Desk

Dear Shamrock Family,

I cannot believe that this is the last message I will share for the 2017-2018 school year, as it feels like we only just begun not too long ago! I feel that it has been a year filled with much to celebrate, and I am blessed to know that we have so much for which to be grateful here at St. John. I want to thank you parents for your unending support. Please know that it is an absolute honor to serve your family and to work with you in the partnership that is Catholic education. We will say farewell to a few faculty members, welcome some current faculty members into some new positions, and also be joined by some new shamrock family members for the 2018-2019 school year.

To begin, we will bid farewell to Mrs. Dianne Reardon who will be retiring, again, after offering over 10 years of service to St. John as our School Counselor. We have been incredibly blessed with her endless time, love, and dedication to our students and families alike. She will be incredibly missed and always loved, as well as remembered fondly. Joining us, new to St. John, will be School Counselor, Ms. Amy Bucker. Ms. Amy currently serves two days a week as School Counselor at St. Michael's in Livermore and is excited to get to know and serve our community two days per week in the fall.

Mr. Reardon will also be joining his wife in a second retirement at the end of this school year. A man with a multitude of gifts, Mr. Reardon has always made himself available to help in a variety of capacities, mainly assisting Mrs. Catalan during junior high math instruction, as well as serving on yard duty and substituting when needed. Mr. Reardon has been a loving and patient asset to our school community for over 10 years and also will be forever loved and greatly missed. Moving from his SEP Director position to Junior High Instructional Assistant is Mr. Derek Hull-Jenkins. Coach Derek has shared his desire to work in small group instruction and to serve on a more academic front, as he will assist Mrs. Catalan by supporting her during junior high math instruction, as well as serving as an Instructional Assistant to level 2.

Ms. Sarah Bartlett will be capitalizing on an opportunity elsewhere in the fall. Ms. Sarah has shared a wealth of knowledge and energy over these past two school years, and we are grateful for her service and wish her well in her future professional endeavors. Supporting Ms. Sanders as an Instructional Assistant in kindergarten next year will be Mrs. Emily Martinez. With many years of experience as a Preschool Teacher, Mrs. Martinez comes to us with a wealth of wisdom regarding child development and is excited to share her expertise with our younger learners next year.

Ms. Jessie Mundo has been commuting from Manteca all school year, and she will pursue a position closer to where she lives. Ms. Mundo has shared her expertise in instructional planning and academic assessment over the course of this school year, and we offer her our blessings with her next professional endeavor. New to the helm as 7<sup>th</sup> grade homeroom/junior high teacher, but not new to us at St. John will be Ms. Dominique Thomasson. Ms. Thomasson has spent the past three school years serving St. John in a variety of capacities. She has worked her way up in the ranks, gaining experience, learning from others, and obtaining vast knowledge. She will be completing her teaching credential and master's degree this summer and is excited and well prepared to take on this new opportunity as classroom teacher for the 2018-2019 school year.

Ms. Jennifer Urdaneta will be relocating this summer and because of this, will be pursuing another job opportunity elsewhere at the end of June. We thank Ms. Jennifer for her kind and patient demeanor and for all

of her service to St. John over the course of this school year. We welcome Ms. Stephanie Posada as our new SJCS School Secretary. With over 10 years of administrative assistant experience and a love for children in particular, Ms. Posada will be an excellent addition to our office staff in the upcoming school year.

We are in great shape for next year. With almost a full staff already signed on, we'll spend the upcoming days looking to fill a 1<sup>st</sup>/2<sup>nd</sup> grade Instructional Assistant position. We also will have some exciting changes and additions to our after school program/SEP. Over the summer we'll be looking to fill two positions for SEP supervisors.

I offer you many blessings as your family embarks on summer break. May you enjoy time with your family, make time for some rest and fun, and encourage your kids to keep learning! I will hold each and every shamrock family member in my thoughts and prayers. I look forward to welcoming all of our families back to school for 2018-2019 school year, on August 20<sup>th</sup>.

Blessings,  
Ms. Paige Child

### Welcome BBQ

Hello shamrocks! Please mark your calendar now for **Saturday, August 11** at 11:30 a.m. for our Welcome BBQ in our school yard. Let's kick off the 2018-2019 school year in style by showing our new families our shamrock pride and catching up with our friends as we return after summer break. More details to come with potluck sign-up information and ways you can help make this event fun for all!

### *Want to be more involved?*

Would you like to be more involved? We are currently looking for a coordinator to help with some of our school events! A more detailed description is below:

**Uniform Exchange Coordinator:** organize uniform exchange closet, leading and coordinator exchanges/sales and doing minimal bookkeeping. Training is available and the possibility of co-coordination is also available. For more information and questions about these positions or about service hours, please contact Ms. Jennifer as [jurdaneta@csdo.org](mailto:jurdaneta@csdo.org) or calling (510) 276-6632.

## Registration Packet Reminder

If you have not done so already, please submit your completed registration packet to the office before **Friday, June 8<sup>th</sup>**.

### *Polish those boots and shake out them jeans for the Upcoming Country Hoedown!*

On July 14, 2018 @ St. John Catholic Church, 264 E. Lewelling Blvd., San Lorenzo. No Host Saloon from 5:30-6:30pm with Grub (from Texas Roadhouse) served at 6:30; Cost is \$25 in advance and \$30 at door.

Come dressed country casual. Plan to come and have a great time with many prizes awarded as well as square dancing and more. For more information please contact Pat Forsythe, Grand Marshall, at 510-278-4161.

# SUMMER BASKETBALL CHALLENGE WORKOUTS



# YOURSELF



With 2 FREE  
Intro days  
on Thursday 6/7  
and  
Friday 6/8

From  
5:00pm-6:30pm

Regular schedule starts  
Tuesday 6/12  
5:00pm-6:30pm

*Tuesday's ball handling  
Right Hand, left Hand, Crossovers and More*

*Wednesday Shooting  
Get up over 250 shoots*

*Thursday Combo  
Put it all together dribble pull up shooting, lay ups and more*



**JUST DO IT.** 

**Tuesday**

**Wednesday**

**Thursday**

Only \$10 a session

Make your own  
Schedule



**Location:**

St John's gym  
in San Lorenzo

**Coach Joe**

[jothomas@csdo.org](mailto:jothomas@csdo.org)

From

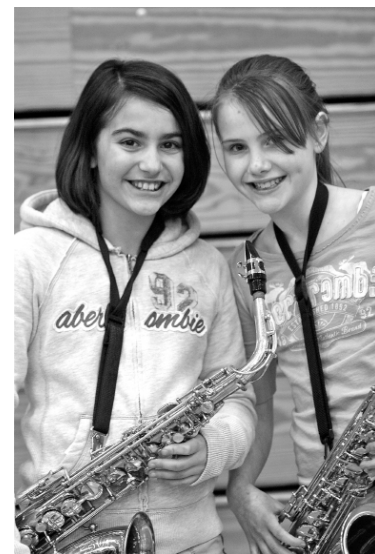
5:00pm-6:30pm



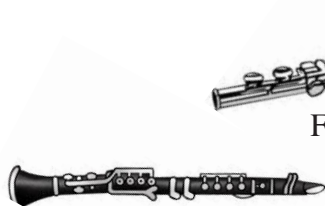
# School Band

## 2018-2019 Registration

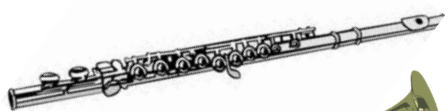
Enroll now to reserve a space!



- Group Instruction is held once a week after school
- No experience necessary
- Grades 3-8
- Very affordable (cost of lessons are 50% less than taking private lessons)
- Several payment plans to choose from including monthly auto pay
- Instruments taught: Flute, Clarinet, Saxophone, Trumpet, Trombone, and Percussion (snare drum and tuned bells)
- Lots of fun performances planned
- Meet students from various grades and have fun learning together



Clarinet



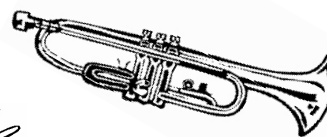
Flute



Trombone



Percussion



Trumpet



Saxophone

### Register and pay in full by July 15 and receive a discount

For more details including tuition cost, payment options, school band schedule, and instrument rentals go to our website [www.museband.com](http://www.museband.com)

Student Last Name: \_\_\_\_\_ Student First Name: \_\_\_\_\_

Parent(s) Last Name: \_\_\_\_\_ Parent First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ Apt. \_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_ Zip Code: \_\_\_\_\_ Home Phone: (    ) \_\_\_\_\_ Cell \_\_\_\_\_

\* Email Address(required): \_\_\_\_\_ School: \_\_\_\_\_

Secondary Email: \_\_\_\_\_

Instrument: \_\_\_\_\_ Years Played: \_\_\_\_ Grade in Fall (2018): \_\_\_\_\_

### To Pre-Register before July 15th:

- Choice One:** Online Registration @ [www.museband.com](http://www.museband.com) Choose \$75 deposit or Pay in Full with Discount
- Choice Two:** Mail in Registration: Send form with \$75 deposit or Pay in Full with Discount (see website for amount)  
 Send form with check to: M.U.S.E. 10240 SW Nimbus Ave L13 Tigard, OR 97223  
 Any questions, contact M.U.S.E. at: [info@museband.com](mailto:info@museband.com) or Phone 1-800-233-6873

To Register after July 15th see website



Bancroft Uniforms  
590 Dutton Avenue  
San Leandro, CA 94577

Website: [bancroft-uniforms.com](http://bancroft-uniforms.com)  
School Name and Password: johnsanlorenzo

510-638-1622

800-528-3623

510-638-3302 FAX

Your SCHOOL UNIFORM Supplier  
Will be coming to

St. John School-San Lorenzo

Tuesday, July 10, 2018  
2:30 PM – 5:00 PM

- If you wish to pre-order -  
CALL 800-528-3623

**1 week prior to your sale date**

We will have your order in a bag with your name on it.

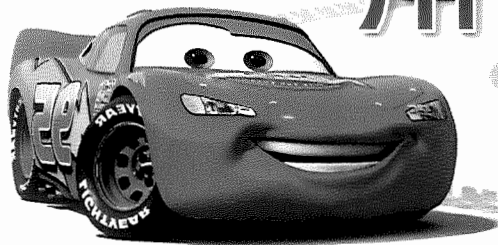
**Store Hours**

***June 15 – September 30***

**Monday – Saturday 10:00 AM – 6:00 PM**

***October 1 – June 14***

**Monday – Saturday 10:00 AM – 5:30 PM**



# SHOWTIME IN SAN LORENZO

July 21, 2018 • 16080 Hesperian Boulevard

[www.showtimeinsanlorenzo.org](http://www.showtimeinsanlorenzo.org)

## LORENZO THEATER TOURS

2:00PM - 6:00PM

Murals Visible Under  
Black Light • First-Come  
First-Served Tour Tickets



## CRAFT VENDORS

2:00PM - 6:00PM

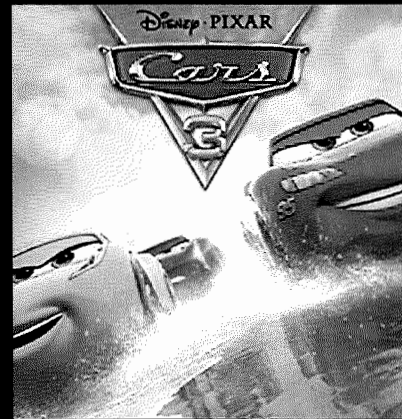
Artisan Crafters • Shop local  
Something for everyone!



## CAR SHOW

2:00PM - 6:00PM

Bay Bombs Car Club  
Muscle Cars • Antique Cars  
& Contests

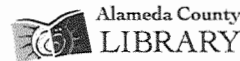


## OUTDOOR MOVIE FUN

6:00 - 10:00PM

CARS 3 THE MOVIE STARTS AT 8:30PM

Music • Bounce Houses  
Face Painting  
Food Trucks • Family Fun  
Bring your own chair/blanket





# Summer Discovery at SJND

Summer Discovery at SJND offers athletic and enrichment activities for students in grades 3-9. We have sports clinics, theater, art, engineering, field trips and more! There's something for everyone at Summer Discovery!

## Discover Summer Fun at SJND.

Register online today at [SJND.org/Summer!](https://www.sjnd.org/Summer!)

- Register Online at [sjnd.org/summer](https://www.sjnd.org/summer).
- "Grade Level" for programs refers to the grade your child will enter in the 2018-19 academic year.
- Early bird priority registration is due April 29.
- No refunds available for missed classes.
- Register for same-day morning and afternoon sessions to spend the whole day at SJND. Students will be supervised and required to remain on campus for the lunch hour. Just bring a bag lunch!

Questions? Visit <https://www.sjnd.org/summer> or contact Kathryn Hill at [khill@sjnd.org](mailto:khill@sjnd.org).



## SJND Summer Fun

### ENGINEERING

#### Ninjaneering Masters using LEGO®

Master the world of Ninjago by becoming a Ninjaneer! Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress, and hone your Spinjitzu battle skills! In this advanced LEGO course, Ninjaneering masters will learn real world concepts in physics, engineering, and architecture while exploring the fantasy world of Ninjago.

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 18-22, 1:00 p.m. to 4:00 p.m.**

#### Robotics using LEGO® Mindstorms EV3

Build and program robots using the new LEGO Mindstorms EV3 system! Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge. Control the robot to avoid obstacles, pick up and carry objects, and play sounds. Projects are structured so that students have fun working in an open-ended, investigative environment.

**Grades 3-8, Cost: \$235 (Early Bird \$210)**

**Week of June 25-29, 1:00 p.m. to 4:00 p.m.**

#### Geology in a Moment

Everyone knows "Geologic Time" covers millions or even billions of years but what about events that happen fast? In this class we will model earthquakes, landslides, volcanoes and other phenomena that happen suddenly and make up part of the bigger picture of the story of Earth.

**Grades 3-8, Cost: \$180 (Early Bird \$160)**

**Week of July 2-6, 1:00 p.m. to 4:00 p.m. No class July 4.**

#### Attack the Castle

Here is your chance to use ancient weapons to attack and defeat the domineering emperor. Build catapults, trebuchets, and other weapons; then test them for power, accuracy, and distance against the walls of the emperor's fortress. Defeat him and you could become the next emperor! Have fun learning about physics from force to friction...and blast stuff! Don't forget to bring a bag lunch for this all-day class!

**Grades 3-8, Cost: \$395 (Early Bird \$370)**

**Week of July 9-13, 9:00 a.m. to 4:00 p.m.**

#### Flight: Birds to Rockets

How do birds, planes, and rockets fly? How can they carry additional weight? Why do some airplanes soar and some fly; and how does a rocket work? We will explore all of these questions and more as we design, create and test different flying things. Prepare for the Falcon Heavy Challenge! Don't forget to bring a bag lunch for this all-day class!

**Grades 3-8, Cost: \$395 (Early Bird \$370)**

**Week of July 16-20, 9:00 a.m. to 4:00 p.m.**

#### STEM Challenge using LEGO®

Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Catapults, Pneumatic Cranes, Arch Bridges, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment.

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 16-20, 9:00 a.m. to 12:00 p.m.**

## Jedi Master Engineering using LEGO®

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, and other complex machines and structures from a galaxy far, far away.

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 16-20, 1:00 p.m. to 4:00 p.m.**

## Creative Arts

### Creative Writing

Enjoy reading? Writing? Playing with words? Explore where your ideas can take you in this creative writing workshop. Students will read an assortment of poetry and short stories, experiment with different writing styles and genres, and produce a "portfolio" of creative work.

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 18-22, 9:00 a.m. to 12:00 p.m.**

### Watercolor

Learn the fundamentals of painting with watercolors. Use brushes, paints and water soluble inks to create a variety of landscapes and fantasy scenes. Discover the many tools and techniques to create vibrant paintings!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 18-22, 1:00 p.m. to 4:00 p.m.**

### Fashion Arts and Crafts

Create new works of art using old clothes, embellishment techniques, and your imagination! Students will explore upcycling in this hands-on art class, making clothing and accessory-inspired projects to be admired from the classroom to the showroom.

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 18-22, 1:00 p.m. to 4:00 p.m.**

### Scriptwriting

How does having an "audience" change the way that you write a story? We will discuss the differences between writing fiction and writing play or film scripts, as well as read several example scripts, and watch clips from movies and plays to address this question. By the end of the week, students will produce a short (5-10 minute) film or play script: formatted, structured, and ready for an audience!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 25-29, 9:00 a.m. to 12:00 p.m.**

### Fashion Design

Learn the basics of fashion design through this hands-on art class! Students will create a lookbook drawing inspiration from the runway, develop a color palette, explore fashion illustration, and ultimately create presentation boards to showcase their designs from the week. Join us for SJND Fashion Week 2018!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 25-29, 1:00 p.m. to 4:00 p.m.**

### Discover: Drawing

Learn the elements of drawing! Use a variety of lines and marks to show form and space, texture and perspective. Engage your imagination with a variety of drawing tools and subjects from nature, pattern and abstract sources.

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 25-29, 1:00 p.m. to 4:00 p.m.**

### Arts and Crafts

This course offers an introduction to multiple art media including drawing, painting, printmaking, collage and sculpture. Have fun making new artistic creations every day!

**Grades 3-8, Cost: \$180 (Early Bird \$160)**

**Week of July 2-6, 9:00 a.m. to 12:00 p.m. No class July 4.**

### Jewelry Making

Want to bead-a-zzle your friends? Come with your creativity and leave with a beautiful beaded jewelry creation each day. Students will learn basic beading, knotting and macramé techniques for making bracelets, necklaces and more!

**Grades 3-8, Cost: \$180 (Early Bird \$160)**

**Week of July 2-6, 1:00 p.m. to 4:00 p.m. No class July 4.**

## Book Arts Studio

Do you love art, paper engineering and writing? Take a walk on your creative side! In this exciting, hands-on workshop you will build books that fold, pop up, twist, hide and fit in the palm of your hand! You will learn techniques for designing and decorating paper, build at least 10 different book structures and experiment with creative writing.

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 9-13, 9:00 a.m. to 12:00 p.m.**



### Writer's Workshop

Explore your creative side and share your ideas with other writers! Write, critique, and publish a variety of pieces in this unique, collaborative workshop. This class will inspire you to write!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 9-13, 1:00 pm to 4:00 pm**

### Mixed Media Art

Spend the afternoon creating imaginative masterpieces! In this class you will experiment with mixed art media including paint, colored pencil, printmaking, pastels and collage. This class is fun for all levels of experience!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 9-13, 1:00 p.m. to 4:00 p.m.**

### Get Crafty!

Use a variety of materials to create unique crafts! Work with new and recycled materials to create 3D geometric art, string designs and other interesting DIY projects.

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 16-20, 1:00 p.m. to 4:00 p.m.**

## Culinary Arts

### Cupcake Battles

Team up for the ultimate cupcake competition! Combine interesting ingredients to create unique cupcake flavors, then decorate them with flair. Impress the judges and win the Cupcake Crown!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 18-22, 9:00 a.m. to 12:00 p.m.**

**Week of June 18-22, 1:00 p.m. to 4:00 p.m.**

### Cookie Challenge

Crispy? Chewy? Decorated? Dipped? Satisfy your sweet tooth while experimenting with different doughs and radically rich recipes. Cast your vote for best looking, best tasting, most creative cookies!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 25-29, 9:00 a.m. to 12:00 p.m.**

**Week of June 25-29, 1:00 p.m. to 4:00 p.m.**





## Ultimate Baking Championship

Try your hand at tasty challenges using crazy culinary combinations. Put interesting ingredients in breads, cakes and muffins to compete for Most Creative Baker!

**Grades 3-8, Cost: \$180 (Early Bird \$160)**

**Week of July 2-6, 9:00 a.m. to 12:00 p.m.**

**No class July 4.**

## Everything Chocolate

This class is dedicated to chocolate! Make it, bake it and pair it with food. Infuse chocolate with complementary flavors to invent unique designer chocolates. New this year: Learn the full "bean to bar" process where we grind down the nibs and take them all the way to chocolate bon bons. You will create different chocolate delicacies each week, so sign up for one, two or three classes!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 9-13, 9:00 a.m. to 12:00 p.m. Everything Chocolate I**

**Week of July 16-20, 9:00 a.m. to 12:00 p.m. Everything Chocolate II**

**Week of July 23-27, 9:00 a.m. to 12:00 p.m. Everything Chocolate III**

## Theater Arts

**New this year! Two-week programs designed for young performers!**

### SJND Triple Threat Theater Camp

Train to be a well-rounded theater performer in this fun, high-energy theater program! Learn acting, improvisation, dancing and singing from musical theatre professionals and SJND advanced theater students. This theater camp is appropriate for all experience levels and culminates in a performance for families and friends. Don't forget to bring a bag lunch for this all-day class!

**Grades 5-9, Cost: \$625 (Early Bird \$595)**

**2 Week Session: July 9-13; July 16-20, 9:00 a.m. to 3:00 p.m.**

### SJND Choral Workshop

Got talent? Are you The Voice? You might be after you enhance your musical abilities, put the fundamentals of music into practice and increase your comfort performing in front of an audience at SJND's Choral Workshop. Learn songs from multiple genres and difficulty levels, including 2-3 part harmony. Come one, come all!

**Grades 3-8, Cost: \$395 (Early Bird \$370)**

**2 Week Session: June 18-22; June 25-29, 9:00 a.m. to 12:00 p.m.**

## Field Trips

### Island Bicycle Adventures

Get fit and explore the Bay Area on two wheels. Learn the fundamentals of bicycle repair and maintenance, then enjoy a daily ride in and around Alameda. Destinations include Crab Cove, San Leandro Marina, MLK Shoreline and more! Bring a bike, lock, water, a helmet, and picnic lunch each day.

**Grades 3-8, Cost: \$320 (Early Bird \$295)**

**July 2-6, 9:00 a.m. to 4:00 p.m. No adventures on July 4**

### Bay Area Adventures

Explore Bay Area destinations with an SJND science teacher! Destinations include: Moss Beach tide pools, crabbing and kite flying at Pacifica Pier, Rock City, Black Diamond Silica Mine, Lands End, The Mystery Spot, Henry Cowell Big Trees Redwood Forest, Twin Peaks, the Secret Slides, the Golden Gate Bridge, Angel

Island and Muir Beach. Conduct hands-on experiments in the school vans along the way! All admissions fees are included, but don't forget to bring a bag lunch. Class size is limited so register early!

**Grades: 3-8, Cost: \$450**

**July 16-20, 8:30 a.m. to 4:00 p.m.**

### Science Exploration

Take science on the road with one of SJND's science teachers! Explore different scientific fields at Bay Area scientific institutions such as the Exploratorium, the California Academy of Sciences, the San Jose Tech Museum, and the Chabot Space and Science Center. Travel and admissions are included, but don't forget to bring a bag lunch! Class size is limited so register early!

**Grades 3-8, Cost: \$450**

**Week of July 23 -27, 9:00 a.m. to 4:00 p.m.**

## Fun and Games

### Chess Comes Alive

The Berkeley Chess School brings chess alive for two sessions this summer! Have fun learning chess at your own pace and get into the joy of the game. All abilities welcome!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 25-29, 9:00 a.m. to 12:00 p.m.**

**Week of July 16-20, 1:00 p.m. to 4:00 p.m.**

### SJND Jeopardy!

If you love watching videos, listening to music, reading or learning facts, then you will love SJND Jeopardy! In this class you will learn the history of game shows, watch clips from game shows, play trivia board games and design your own trivia games. Who will be the SJND Jeopardy! Champion?

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 9-13, 9:00 a.m. to 12:00 p.m.**

### PLAY!

Old fashioned fun never goes out of style! Leave your technology at home and spend the afternoon playing games and making new friends. We'll do art projects, play board games, learn new outdoor games and much, much more! Come out and play!

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 23-27, 1:00 p.m. to 4:00 p.m.**



### 10,000 Steps: Island Walks

Way back in the olden days, kids used to walk miles in the snow to get to school; they'd walk to the park and their friends' houses! This summer, put your screens away and ditch the ride; Alameda is a great place to walk! We'll check out Alameda's neighborhoods, the beach, local parks, downtown, the shoreline and all that The Island has to offer. Bring your water bottle, sunscreen and good walking shoes. "An average person has a stride length of approximately 2.1 to 2.5 feet. That means that it takes over 2,000 steps to walk one mile; and 10,000 steps would be almost 5 miles. A sedentary person may only average 1,000 to 3,000 steps a day. For these people, adding steps has many health benefits." - The Walking Site

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of July 23-27, 1:00 p.m. to 4:00 p.m.**

## Back to School

### Elementary Success!

Brush up on study skills and academic readiness before school starts! In this class, have fun challenging yourself with math games, reading and writing activities, and critical thinking puzzles. This is a great way to beat the summer slump and get a jump on next year's material. Pair with "Play!" or "10,000 Steps" for a whole day of SJND fun!

**Grades 3-6, Cost: \$220 (Early Bird \$195)**

**Week of July 23-27, 9:00 a.m. to 12:00 p.m.**

### Navigating Middle School

Middle school can be daunting, but with the right tools it can be really fun! Learn some of the best strategies for navigating the demanding social and emotional challenges of middle school while building self confidence and interpersonal skills through fun and interactive activities. Pair with "Play!" or "10,000 Steps" for a whole day of SJND fun!

**Grades 7-8, Cost: \$220 (Early Bird \$195)**

**Week of July 23-27, 9:00 a.m. to 12:00 p.m.**



## SJND Sports

### Girls Volleyball Clinics

For beginning through advanced players, the focus is on fun, fundamentals and skill development. This clinic is a great way to develop volleyball skills and get ready for high school.

**Cost: \$220 (Early Bird \$195)**

**Grades 4-6, Week of June 11-15, 9:00 a.m. to 12:00 p.m.**

**Grades 7-9, Week of June 11-15, 1:00 p.m. to 4:00 p.m.**

### Girls Volleyball Leagues

Join Beginning or Intermediate League Volleyball, a five-week volleyball league focused on learning volleyball skills and positive team play.

**Cost: \$220 (Early Bird \$195)**

**Grades 4-6 (Beginning League), Tuesdays, June 12-July 10, 5:00 p.m. to 7:00 p.m.**

**Grades 7-9 (Intermediate League), Tuesdays, June 12-July 10, 7:00 p.m. to 9:00 p.m.**

### Pilots Basketball: Boys Hoops

Join Coach Don Lippi, coach of the championship-winning SJND Pilots, at this exciting clinic for a week of learning and working on the fundamentals of basketball. Coach Lippi and his team will teach fundamentals and build their love of the game.

**Cost: \$220 (Early Bird \$195)**

**Grades 6-9, Week of June 18-22, 9:00 a.m. to 12:00 p.m.**

**Grades 3-5, Week of June 18-22, 1:00 p.m. to 4:00 p.m.**

### Pilots Basketball: Girls Hoops

SJND brings a lot of fun to this week of basketball for girls who love hoops. Work on fundamentals and further develop your potential and love of the game.

**Grades 3-8, Cost: \$220 (Early Bird \$195)**

**Week of June 25-29, 9:00 a.m. to 12:00 p.m.**

### Distance Camp

SJND's legendary cross country coach, Tony Fong will show you running techniques and strategies for improving endurance at the home of the state champion Pilots!

**Grades 5-8, Cost: \$220 (Early Bird \$195)**

**Week of June 25-29, 1:00 p.m. to 4:00 p.m.**

**See next page for your Summer Discovery Planner**





# Summer Discovery at SJND

## SUMMER DISCOVERY PLANNER

Use this chart to plan your summer activities at SJND.

	Time	Grades
<b>JUNE 11-15</b>		
Girls Volleyball 4th-6th	9:00-12:00	4-6
Girls Volleyball 7th-9th	1:00-4:00	7-9
<b>JUNE 12-JULY 10, Tuesdays Girls Volleyball Leagues</b>		
Beginners 4th-6th grade	5:00-7:00	4-6
Intermediate 7th-9th grade	7:00-9:00	7-9
<b>WEEK 1: JUNE 18-22</b>		
SJND Choral Workshop	9:00-12:00	3-8
Boys Hoops 6-9	9:00-12:00	6-9
Creative Writing	9:00-12:00	3-8
Cupcake Battles	9:00-12:00	3-8
Boys Hoops 3-5	1:00-4:00	3-5
Watercolor	1:00-4:00	3-8
Cupcake Battles	1:00-4:00	3-8
Ninjaneering Masters	1:00-4:00	3-8
Fashion Arts & Crafts	1:00-4:00	3-8
<b>WEEK 2: JUNE 25-29</b>		
SJND Choral Workshop	9:00-12:00	3-8
Girls Hoops 3-8	9:00-12:00	3-8
Scriptwriting	9:00-12:00	3-8
Cookie Challenge	9:00-12:00	3-8
Chess Comes Alive I	9:00-12:00	3-8
Distance Camp	1:00-4:00	5-8
Discover: Drawing	1:00-4:00	3-8
Cookie Challenge	1:00-4:00	3-8
Fashion Design	1:00-4:00	3-8
Robotics	1:00-4:00	3-8

	Time	Grades
<b>WEEK 3: JULY 2-6 (NO 7/4)</b>		
Island Bicycle Adventures	9:00-4:00	3-8
Ultimate Baking Championship	9:00-12:00	3-8
Arts & Crafts	9:00-12:00	3-8
Jewelry Making	1:00-4:00	3-8
Geology in a Moment	1:00-4:00	3-8
<b>WEEK 4: JULY 9-13</b>		
SJND Triple Threat Theater Camp	9:00-3:00	5-9
Attack the Castle	9:00-4:00	3-8
Book Arts Studio	9:00-12:00	3-8
SJND Jeopardy!	9:00-12:00	3-8
Chocolate I	9:00-12:00	3-8
Writer's Workshop	1:00-4:00	3-8
Mixed Media Art	1:00-4:00	3-8
<b>WEEK 5: JULY 16-20</b>		
SJND Triple Threat Theater Camp	9:00-3:00	5-9
Flight: Birds to Rockets	9:00-4:00	3-8
Bay Area Adventures	8:30-4:00	3-8
Chocolate II	9:00-12:00	3-8
STEM Challenge	9:00-12:00	3-8
Get Crafty!	1:00-4:00	3-8
Chess Comes Alive II	1:00-4:00	3-8
Jedi Master Engineering	1:00-4:00	3-8
<b>WEEK 6: JULY 23-27</b>		
Science Exploration	9:00-4:00	3-8
Chocolate III	9:00-12:00	3-8
Elementary Success	9:00-12:00	3-6
Navigating Middle School	9:00-12:00	7-8
Play!	1:00-4:00	3-8
10,000 Steps - Island Walks	1:00-4:00	3-8

**Early bird priority registration is due April 29.  
Register online at [SJND.org/Summer](http://SJND.org/Summer)**